

PRE-TASK: AFFIRMATIONS WITH SNOOP DOGG

Linguistic focus

Speaking

Thematic focus

Affirmations

Language level/target group

A1+

Teacher instructions

This exercise can be implemented at the beginning of a lesson. It is designed to lighten the mood and activate students by singing affirmations together.

Given the nature of the song, it might be necessary to go through each of the affirmations one by one in advance with students. Alternatively, this can be done in groups for example by making each group responsible for translating or explaining two affirmations (potentially with the help of a dictionary). Afterwards, the results can then be shared and discussed in class to gain a better understanding of the song and its meaning.

After a few rounds of singing the song, it can be used as an impulse to start a discussion about what the students' favourite affirmations are. This can enhance the students' comprehension of the affirmations and, moreover, might cause a positive thinking process in which the affirmations impact the students more deeply.

Additional material to be used

- Lyrics of the song with some vocabulary [Happy 6.1]

AFFIRMATION SONG - LYRICS

Link to the song by Doggyland & Snoop Dogg:

<https://www.youtube.com/watch?v=khkE17A5d7Y>

Affirmations are positive
statements that help us
to challenge and overcome.

bewältigen

When you're not feeling good and have
negative thoughts, so repeat after me,
come on everyone.

There is no one better to be than myself!
(There is no one better to be than myself!)

Today is gonna be an amazing day!
(Today is gonna be an amazing day!)

My feelings matter.

sind wichtig

(My feelings matter.)

I get better every single day.

(I get better every single day.)

I choose to feel happy.

(I choose to feel happy.)

My family loves me so much!

(My family loves me so much!)

I care about others.

(I care about others.)

I learn from my mistakes.

(I learn from my mistakes.)

Affirmations are fun and cool.

They help us heal
and they help us grow.



gonna: going to (informal)

wanna: want to (informal)

If you love to learn and
wanna keep feeling good, let's say some more.

Follow me, let's go!

verantwortungsvoll

I am responsible.

(I am responsible.)

I get better every single day.

umgeben

(I get better every single day.)

I'm surrounded by love.

(I'm surrounded by love.)

Every problem has an answer.

(Every problem has an answer.)

I deserve to feel good.

(I deserve to feel good.)

Anything is possible.

(Anything is possible.)

I believe in myself.

(I believe in myself.)

I control my own happiness.

(I control my own happiness.)

Now we know some new affirmations

that we can choose and learn to say.

So next time you need a little inspiration to

help you have more of a positive day...

Affirmations (affirmations, affirmations, affirmations)

Tasks

1. Which is your favorite affirmation from the song? Explain why?

2. Think-Pair-Share:

Which of the three affirmations do you like the most? Explain why?

a) *Today is gonna be an amazing day.*

b) *I deserve to feel good.*

c) *I believe in myself.*